

DATES

SPORT

Yoga & Wellness auf der Rigi



hello@wildmoonyoga.ch

buy tickets

Yoga & Wellness auf der Rigi

GENUSS.PUR in the pre-Christmas period Your little break from everyday life on the Queen of the Mountains.

Soothing yoga sessions, relaxing meditations and calming breathing exercises await you, which will bring your body, mind and soul into harmony and your inner light to shine. Many unforgettable feel-good moments also await you off the mat. Enjoy your pre-Christmas time-out in the mineral bath & SPA and/or on a short hike (perhaps in the snow, depending on the weather). In the evening, the chef will surprise us with a 4-course menu (meat or veggie) and in the morning we will start the day with a hearty breakfast.